

Antimicrobial Resistance

Antibiotics are powerful tools in fighting infections. However, their effectiveness is under threat due to antimicrobial resistance (AMR), a growing global health concern that risks making our ability to treat common infections effectively.

Understanding AMR

Antimicrobial resistance (AMR) happens when microbes like bacteria and viruses evolve, making infections harder or impossible to treat. This means that common treatments like antibiotics and other antimicrobial drugs may become less effective or even useless over time.

Why AMR Matters

AMR makes everyday infections like UTIs, pneumonia and sepsis harder to treat. It increases the risk of disease spread, and medical procedures such as cancer treatments, organ transplants, and surgeries become riskier especially for vulnerable groups such as care home residents and hospital patients.

You can play your part in reducing Antimicrobial Resistance:

- ✗ Don't use antibiotics for viral infections like colds or flu.
- ✗ Never share or save antibiotics, return leftovers to a pharmacy for safe disposal.
- ✗ Don't bring back unprescribed antibiotics from abroad.
- ✓ Always complete the prescribed course, even if you feel better.
- ✓ Practice good hygiene to prevent infections.
- ✓ Stay up to date with your vaccinations.
- ✓ Raise awareness about AMR in your communities.

By using antimicrobials responsibly today, we safeguard their effectiveness for generations to come.



Walsall Council